Maharashtra University of Health Sciences, Nashik Inspection

Committee Report for Academic Year 2024-2025
Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.

Faculty Nursing

Name of the College / Institute: - Harsh Institute of Nursing Sutala

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

Sr No	Details of Webinar / Workshop/ CME/ Activities/ Perform
1	Yoga Day
2	World Glaucoma Day
3	World Tuberculosis Day
. 4	World Liver Day
5	World Asthma Day
6	Basic Research Methodology Workshop
8	SBI Life Insurance, Home Loan, Various Investment Scheme"
9	FDP on " OSCE"
10	World Sexual and. Reproductive Health Awareness Day
11	Tree Plantation Celebrations
12	International Women's Day 2024
13	Annual Awareness Program on "Code f Conduct"
14	Poster making Competition on "Gener equality"
15	Cancer Day

Dean/ Principal Stamp & Signature

Harsh Institute of Nursing Sutala Bk.Khamgaon,Dist.Buldhana. Vitthal Bahuddeshiya Sevabhavi Sanstha

HARSH INSTITUTE OF NURSING SUTALA

Report on International Yoga Day

21st June 2024

International Yoga day was celebrated by the students and the teachers of Harsh Institute of Nursing Sutala on 21st June 2024 with great enthusiasm. Principal Anniey Sinthiya Christy and Assistant Prof. Arun Lokhande also participated in the celebration.

The function began with a brief introduction of Yoga Day by Assistant Prof. Arun Lokhande. A brief introduction of the guests, Smt. Anniey Sinthiya Christy, Certified Yoga trainer with Swasthya

Yoga Day is celebrated among the youth and children to make them understand the importance of Yoga in their life. It helps the students understand how to maintain harmony between body and mind. Two lectures organized to explain the importance of Yoga.

Smt. Anniey Sinthiya Christy explained the importance of Yoga in the life of youngsters. She explained that regular practice of Yoga will help the students achieve better mental and physical health. Smt. Anniey Sinthiya Christy started Yoga demonstrations with the Yoga prayer. After which a few warm up and simple Asians were performed by the students and the teachers enthusiastically and the importance of these Asians was explained simultaneously by Smt. Anniey Sinthiya Christy.

Smt. Authimoolam spoke about 'The Positive Framework of Meditation'. She began by explaining how negative thoughts disturb a person. Negativity she said increases the hormonal imbalance in people and thus there is a confusion of thoughts leading to stress. She also spoke about her experience as a counselor where she has patients ranging from the age group 3 yearsto 90 years. She emphasized the fact that purity of thought increases positivity in a person. Purity of thought increases mentally and physically strong people, which further create a positive nationleading to positive world. She emphasized that it is the responsibility of the teachers to imbibe positive thoughts among students. She conducted a 3 minute meditation session with the students and professed the regular use of meditation in one's life.



For Principal
Harsh Institute of Nursing
Sutala Bk.Khamgaon, Dist. Buldhana.

Vitthal Bahuddeshiay Sevabhavi Sanstha HARSH INSTITUTE OF NURSING SUTALA

REPORT ON WORLD GLAUCOMA DAY

World Glaucoma Day 2024 is observed on 9th March 2024 by Dept. Harsh Institute of Nursing Khamgaon. Annie Sinthiya Christy Mam was the chief guest for the program and welcome address was given by Arun Lokhande sir, which may help in the early diagnosis of non-communicable diseases. Dr. Ashish agrawal MD of Life Line Hospital gave an overview of World Glaucoma Week. Glaucoma is asymptomatic, and it will cause irreversible damage to the eye and eventually cause blindness. Dr. Sulatha Bhandary, Prof. and HoD, Dept. of Ophthalmology proposed vote of thanks. Students of harsh institute of Nursing Sutala Bk played street play on awareness of Glaucoma. Screening for Glaucoma was arranged in the entrance college

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Fu Principal
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HARSH INSTITUTE OF NURSING

(Approved by Indian Nursing council, New Delhi, Maharashtra Nursing Council Mumbai & Affiliated to Maharashtra University of Health Sciences, Nashik)

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e Email:. Harshbscnursing@gmail.com

Ref.No.

Date:

/20

CRITERIA FOR POSTER COMPETITION WORLD TUBERCULOSIS DAY-2024

1. It must be relevant to the theme.

2. Use brief and simple language, and avoid text altogether.

3. Written language must be in Hindi.

4. Poster must be neat and clear with creativity and originality and use pleasing colour combinations.

5. be prepared with various information regarding the topic in order to explain on the occasion

Message conveying should be informative and neutral to the political, communal, and religious aspects.

7. Judge's decision will be fin

The workshop was organized by University of Health science of, Harsh Institute of Nursing on 22nd March 2024 under the guidance of Annie Sinthiya Christy Mam (Principal Harsh Institute of Nursing) and Arun Lokhande (Lecturer College of Nursing), and organizing chairperson- Authimoolam Mam (Assoc. Professor, MSN), Organizing Coordinator- Stutee Mam (Nursing),

"Infection control practices." The third session was delivered by Annie Sinthiya Christy Mam on the topic of "Diagnosis and Programmatic Management of TB" and highlighted the TB control programs and the importance of notification in TB Control. Followed by vote of thanks given by Ms. Tsering, BSc nursing 1 yr student. The session was moderated by Ms. Kashia BS.c 1st year student. A total of 40 participants attended workshop

The prize distribution of poster competition was held on 22nd March 2024, Annie Sinthiya Christy Mam distributed the prizes to the winners.1st price held by Miss Nikia Mule (B.Sc. Nursing 1st yr.) second prize Vikas jadhao Name of students Impact on first glance

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WORLD LIVER DAY

In commemoration of World Liver Day-2024, Harsh Institute of Nursing, Department of Medical Surgical Nursing organized an English e-Essay writing competition on 16.04.2024 on the theme of the year Keep your Liver healthy& Disease free.

Rules/ Regulation for e-Essay competition are as Follows;-

- · Written/ typed content in English
 - It should be in 3-5 pages.
- It should cover the theme of the year 2024
 - Web content should be avoided.
 - · On day admission is advised
- Participants has to mail the e-essay to harshbscnursing@gmail.com
 15 enthusiastic participants from B.Sc (N) I year students actively participated in Essay writing competition.

B.Sc Nursing II year won the 1" Place.

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WORLD ASTHMA DAY

HARSH INSTITUTE OF NURSING SUTALA Report on World Asthma Day

Date

: 4/05/2024

Mode of activity

: HARSH INSTITUTE OF NURSING SUTALA

Event

: World Asthma Day

Theme

: Closing Gaps in Asthma Care

Staff in charge

: Mr. Arun Lokhande

The world asthma day was remembered on 3" May every year and it was observed on 4" May 2024 on the Theme 'Closing Gaps in Asthma Care' which was aimed to enhance the awareness on asthma among children, adolescent and adult.

An awareness teaching program was conducted in the hospital campus to motivate the public on asthma care. Health education through PowerPoint presentation was given in three areas at different times that includes in front of General OPD, Pediatric OPD and ICU complex waiting area between 10.00 am and 12pm. Health talk was given by I Year B.Sc. Nursing students and was supervised by Vishal ingle at Life Line Hospital

> Harsh Institute of Nursing Sutala Bk.Khamgaon, List. Buldhana.



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WORLD ASTHMA DAY

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Date:

120

SBI Life Insurance, Home Loan, Various Investment Scheme

HARSH INSTITUTE OF NURSING SUTALA Report SBI Life Insurance, Home Loan, Various Investment Scheme

: 5/05/2024

Mode of activity

: HARSH INSTITUTE OF NURSING SUTALA

Event

: Report SBI Life Insurance, Home Loan, Various Investment Scheme

Mr. P Raut sir Chief Guest of Program Mr. Raut sir Given Details about SBI Life Insurance

Presenting SBI Life - RiNn Raksha (UIN: 111N078V03), a plan that helps you ensure that your family has the best of everything. With this solution, your family won't have to bear the loan liabilities in case of an unfortunate event as it repays the outstanding loan, thereby keeping their future and dreams protected.

A comprehensive Group Credit Life Plan that covers Housing, Vehicle, Education, Personal & Other Loans

Lives up to 2 co-borrowers in addition to the primary borrower can also be covered. Flexibility to choose loan cover term as per need**

*The coverage under the product for new and existing borrowers shall be as per the board approved underwriting policy.

**subject to minimum of 2/3rd of the loan term, if the loan term is 15 years or more. Features

Life insurance coverage Assistance to repay a variety of loans Coverage for co-borrowers Choice of Gold or Platinum plan options Choice of cover term, premium paying term and frequency

> Advantages Security

Enables your family to continue enjoying the assets that you so lovingly acquired Reliability

Repays your outstanding loan amount as per the sum assured schedule Wide variety of loans covered, namely housing loans, car loans, agricultural loans, educational loans, and personal loans

Flexibility

Provides additional coverage to two co-borrowers in addition to primary borrower Choose between single or level premium for 5 or 10 years as per your requirements

Fan Principal Harsh Institute of Nursing Sutala Bk.Khamgaon, Dist. Buldhana.

Option of monthly, quarterly, half yearly or yearly premiums as per your financial capabilities Avail tax benefits*

The product features available under this plan shall be chosen by your Master Policyholder in capacity as the group administrator. Only features chosen by the Master Policy Holder shall be made available to you. You can choose from the options/features made available by the master policyholder.

Death Benefit:

The death cover would be the outstanding loan balance at the time of death as per the sum assured schedule in your certificate of insurance.

Tax Benefits*:

Income Tax benefits/exemptions are as per the applicable income tax laws in India, which are subject to change from time to time. Please consult your tax advisor for details. For more details on risk factors, terms and conditions please read the sales brochure carefully before concluding a sale

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Tree Plantation Celebrations

HARSH INSTITUTE OF NURSING SUTALA

Date

Mode of activity

: HARSH INSTITUTE OF NURSING SUTALA

Chief Guest of Program Annie Sinthiya Christy R. Principal of Harsh Institute of Nursing

Harsh Institute of Nursing Sutala Bk.Khamgaon, List. Buldhana.



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VITTHAL BAHUDDESHIYA SEVABHAVI SANSTHA, Reg.No.201/03

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"ANNUAL AWARENESS PROGRAMME REGARDING CODE OF CONDUCT"

Each of the various constituent colleges under the umbrella of CARE include a minimum of two sessions during the orientation program for first year students, geared to make them aware of the existence of the CODE OF CONDUCT in CARE University. The first session covers the general rules governing student attitude and behavior while in CARE campus both as a day scholar and as a resident of the hostels. This session is facilitated by the faculty in charge of hostels as well as by senior faculty of major departments both in the college block and the hospital block. The second session is held under the aegis of the faculties who shall be handling the subjects of the first year in that particular course. This session is geared towards making the students aware of the rules and standards of behavior expected by each department while the student is present in the lecture hall / laboratory / ward / operation theatre / OPD as well as the regulations to be followed during assessments - both formative and summative. This awareness regarding the code of conduct is refreshed and reinforced as and when the students move along to the successive years, as part of the curriculum covered in the first week of each new semester / year / phase. All the newly appointed employees of CARE - both administration staff and faculty - are provided with an employees' handbook and are guided through their various roles and responsibilities as expected by the organization, during their first day of employment. This is refreshed and reinforced through information circulars that are periodically emailed to all employees in an as-and-when-required basis. The staff and faculty are also appraised with regards to the code of conduct of the students as they are the monitoring personnel who direct the attention of the authorities towards any breach in this protocol, if and when it occurs.

> Harsh Institute of Nursing Sutala Bk.Khamgaon, Dist.Buldhana.

HARSH INSTITUTE OF NURSING KHAMGAO

Report on celebration of world cancer day

Date: [04/02/2025]

Venue: Harsh Institute of Nursing

Organized by: [Bsc 1st semester students]

Introduction

The Harsh Institute of Nursing observed World Cancer Day on [04/02/2025] with great enthusiasm and commitment to raising awareness about cancer prevention, early detection, and treatment. The event aimed to educate students, faculty, and the community about the global burden of cancer and the importance of a proactive approach to healthcare.

Event Highlights

1. Inauguration Ceremony

The event commenced with a formal inauguration by [Principal mam], who emphasized the significance of cancer awareness and the role of healthcare professionals in fighting this disease.

2. Guest Lectures and Expert Talks

Renowned oncologists and healthcare professionals delivered insightful lectures on topics such as:

Early detection of cancer, prevention, treatment

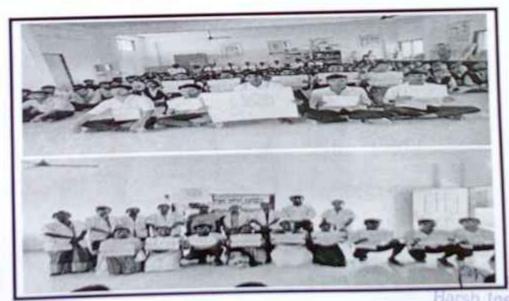
3. Poster Presentation & Skit

Students actively participated in a poster-making competition showcasing creative and informative messages about cancer prevention. A skit was also performed by the 1st semester students the skit was amazing it was very understandable for students and the were given message to the students through the skit and slogen was "jan jan ko samjhana hai cancer ko dur bhagana hai" depicting the emotional and physical struggles of cancer patients and highlighting the role of nurses in patient care.

4.Conclusion

Given by vice principal Authimoolam joseph mami-

The World Cancer Day celebration at Harsh Institute of Nursing was a meaningful and impactful event that reinforced the importance of awareness, early detection, and compassionate care. The event inspired students and faculty to actively participate in cancer awareness campaigns and contribute to the global fight against this disease.



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